FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

(Print or Type Responses)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Roe Scott		Reporting Person		2. Issue V F CC			Of Tradin	g Symbo	ol	٥	Director		all applicab	on(s) to Issuer plicable)10% OwnerOther (specify below)	
105 COR		(First) CENTER BLV	n	3. Date of 07/26/2		t Transacti	on (Month	n/Day/Ye	ear)		X_ Officer (give				ow)
GREENS	SBORO, N	(Street)		4. If Ame	endment	, Date Orig	inal Filed	Month/Da	y/Year)		X_ Form filed by	One Reporting		g(Check Applicable Line) g Person	
(City	<i>i</i>)	(State)	(Zip)			Table I	- Non-De	rivative	Securiti	es Acquir	red, Disposed	of, or Bene	ficially Owned		
1.Title of So (Instr. 3)	ecurity		2. Transaction Date (Month/Day/Year)	2A. Deer Execution any (Month/I	on Date,	(Instr. 8		(A) or D	ities Acquisposed of 4 and 5)	f (D)	5. Amount of S Owned Follow Transaction(s) (Instr. 3 and 4)	ving Reporte	ed	6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership
						Code	V.	Amount	(A) or (D)	Price				or Indirect (I) (Instr. 4)	(Instr. 4)
Common	Stock		07/26/2018			G	V :	3,225	D :	\$ 0	102,165.123	3		D	
Common	Stock		08/21/2018			M	2	29,544	A	\$ 40.49	131,709.123	3		D	
Common	Stock		08/21/2018			S		29,544		\$ 92.778	102,165.123	3	D		
											1,218.97		I		By Trust
Common		eparate line for eac	h class of securities l	beneficial	lly owne	d directly of	Perso	ns who	are not ı	equired	collection o	unless the		ed SEC	1474 (9-02)
		eparate line for eac		· Derivati	ive Secu	rities Acq	Perso in this displa	ons who s form a nys a cu	are not i urrently f, or Ben	equired valid ON	to respond MB control n	unless the		ed SEC	
Reminder: I	Report on a s	3. Transaction	Table II - 3A. Deemed Execution Date, if	Derivati (e.g., put 4. Transac Code	ive Secuts, calls, tion of Secution of Original (In Inc.)	-	Perso in this displa nired, Dis options, of	ons who is form a ays a cu posed of converti xercisab n Date	are not i urrently f, or Bendible securible	required valid ON eficially (to respond of MB control not one of the contr	unless the umber. 8. Price of		of 10. Owners Form of Derivat Security Direct (or Indir	11. Natur of Indirect Beneficia ive Ownersh y: (Instr. 4)
Reminder: I	2. Conversion or Exercise Price of Derivative	3. Transaction	Table II - 3A. Deemed Execution Date, if	Derivati (e.g., put 4. Transac Code	ive Secuts, calls, tion of Secution of Original (In Inc.)	rities Acq warrants, Number Derivative curities quired (A) Disposed (D) str. 3, 4,	Person in this displanted, Disoptions, of 6. Date Expiration	posed of converting the converting t	are not i urrently f, or Ben- ible secur- ole and r)	required valid ON reficially (rities) 7. Title of Under Securiti	to respond of MB control not one of the contr	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported	of 10. Owners Form of Derivat Security Direct (or Indir	11. Natur of Indirect Beneficie Ownersh (Instr. 4)

Relationships

Officer

VP & CFO

Other

10%

Owner

Director

Signatures

Roe Scott A.

Reporting Owner Name / Address

105 CORPORATE CENTER BLVD

GREENSBORO, NC 27408

Mark R. Townsend for Scott A. Roe (Pursuant to Signing Authority on File)	08/22/2018
^{**} Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 401(k).
- (2) This option will vest in three substantially equal installments beginning February 20, 2014.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.