FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

SHEARER ROBERT K (First) (Middle) (Mid	(Print or Ty	pe Response	s)														
Common Stock O2/09/2009 A 9,810 A S O S7,5339.991 D	2 7																
GREENSBORO, NC 27408 City				` ,													
City (State) (Zip) Table 1 - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned Screening (Instr. 3) (A) or Indirect (Instr. 4) (A) or Indirect (Instr. 4)	(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)													
Common Stock Common Stock O2/09/2009 Execution Date, if (Instr. 3) Code (Instr. 8) Code (Instr. 8) Code (Instr. 8) Code (Instr. 3) Code (Instr. 4) Code (I				(Zip)		Ta	ble I - N	on-D) Perivative	Securities	s Acqu	ired, Disp	osed of, or l	Beneficially (Owned		
Common Stock Common Stock Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) Common Stock Derivative Security Securities Securitie		ecurity	Dat	Date	Execution Date, any		if Code (Instr. 8)		(A) or Disposed or		of (D)	Beneficia Reported	ally Owned Following I Transaction(s)		Ownership	7. Nature of Indirect Beneficial	
Common Stock Date Conversion Date Conversion Date Conversion Date Conversion Date Conversion Date Conversion Derivative Security Secur					(Month/Day/	Y ear)			V Amor	` '		Ì	nd 4)		or Indirect (I)	Indirect (Instr. 4)	
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 1. Title of Derivative Conversion Date (Month/Day/Year) Security (Instr. 3) Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 1. Title of 2. Derivative Conversion Date (Month/Day/Year) Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. SEC 147 Table II - Derivative Securities Acquired (Month/Day/Year) 1. Title of 2. Derivative Securities (Month/Day/Year) Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. SEC 147 Table II - Derivative Securities Acquired (Month/Day/Year) Securities (Month/Day/Year) Securities (Month/Day/Year) Securities (Instr. 3 and 4) Acquired (A) or Disposed of (D) (Instr. 4) Securities (Instr. 5) Securities (Instr. 5) Securities (Instr. 5) Securities (Instr. 5) Securities (Instr. 4) Securities (Instr. 5) Securities (Instr. 4)	Common	Stock										1,227.6	75		I	by Trust	
Table II - Derivative Conversion Security Securities S	Common	Stock		02/09/2009			Α		9,81	0 A	\$ 0	57,539.991			D		
1. Title of Derivative Security (Instr. 3) Transaction Date (Month/Day/Year) Amount of Derivative Security Securities Sec								the	e form d	isplays a l of, or Ber	curre neficial	ently valid	OMB con	•			
Code V (A) (D) Date Expiration Date Expiration Date Shares	Derivative Security	Conversion or Exercise Price of Derivative	Date	3A. Deemed Execution Da any	4. Transac Code	etion	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,	6. am (M	Date Exo dd Expira Month/Da	ercisable ion Date y/Year)	7. T Am Und Sec: (Ins 4)	Citle and ount of derlying urities str. 3 and	Derivative Security	Derivative Securities Beneficially Owned Following Reported Transaction	Ownersh Form of Derivati Security Direct (I or Indirects)	Beneficia Ownersh (Instr. 4)	

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
SHEARER ROBERT K 105 CORPORATE CENTER BLVD GREENSBORO, NC 27408			CFO			

Signatures

Mark R. Townsend for Robert K. Shearer (Pursuant to Signing Authority on File)	02/11/2009
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 401(k).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.