UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Print or Type Responses) 1. Name and Address of Reporting Polymore CUMMINGS CANDACE S | 2. Issuer Name an | | Trad | ing Symbo | ol | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | | | |
|---|---|--------------------|------------|------------|---|--|---|------------------------------------|---------------------|-------------------------|--|
| (Last) (First) | V F CORP [VFC] | | | | | | Director 10% Owner X Officer (give title below) 0ther (specify below) | | | | |
| 105 CORPORATE CENTER | 3. Date of Earliest Transaction (Month/Day/Year) 07/28/2009 | | | | | | VP Admin & General Counsel | | | | |
| (Street) | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | | | | 6. Individual or Joint/Group Filing(Check | Applicable Lin | ie) | | |
| GREENSBORO, NC 27408 | | | | | | | _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | |
| (City) (State) | | Table I - | Non-l | Dorivativa | Sacur | ired, Disposed of, or Beneficially Owned | | | | | |
| 1.Title of Security | 2. Transaction | 2A. Deemed | 3. Transac | | 1 | | 5. Amount of Securities Beneficially 6. 7. Nature | | | | |
| (Instr. 3) | Date | Execution Date, if | Code | tion | 4. Securities Acquired (A) or Disposed of (D) | | | Owned Following Reported | Ownership | of Indirect | |
| | (Month/Day/Year) | | (Instr. 8) | | (Instr. 3, 4 and 5) | | | Transaction(s) (Instr. 3 and 4) | Form: Direct (D) | Beneficial Ownership | |
| | | | | | | (4) | | (mon. 5 and 4) | or Indirect | | |
| | | | Code | V | Amount | (A) or (D) | Price | | (I) (Instr. 4) | | |
| Common Stock | 07/28/2009 | | M | | 2,002 | A | \$ 35.40 | 21,974 | D | | |
| Common Stock | 07/28/2009 | | S | | 300 | D | \$ 66.01 | 21,674 | D | | |
| Common Stock | 07/28/2009 | | S | | 300 | D | \$ 66.03 | 21,374 | D | | |
| Common Stock | 07/28/2009 | | S | | 300 | D | \$ 66.04 | 21,074 | D | | |
| Common Stock | 07/28/2009 | | S | | 800 | D | \$ 66.05 | 20,274 | D | | |
| Common Stock | 07/28/2009 | | S | | 300 | D | \$ 66.06 | 19,974 | D | | |
| Common Stock | 07/28/2009 | | S | | 2 | D | \$ 66.10 | 19,972 | D | | |
| Common Stock | 07/29/2009 | | M | | 17,998 | A | \$ 35.40 | 37,970 | D | | |
| Common Stock | 07/29/2009 | | S | | 3,425 | D | \$ 65 | 34,545 | D | | |
| Common Stock | 07/29/2009 | | S | | 974 | D | \$ 65.01 | 33,571 | D | | |
| Common Stock | 07/29/2009 | | S | | 3,900 | D | \$ 65.02 | 29,671 | D | | |
| Common Stock | 07/29/2009 | | S | | 700 | D | \$ 65.0257 | 28,971 | D | | |
| Common Stock | 07/29/2009 | | S | | 100 | D | \$ 65.04 | | D | | |
| Common Stock | 07/29/2009 | | S | | 100 | D | \$ 65.05 | 28,771 | D | | |
| Common Stock | 07/29/2009 | | S | | 823 | D | \$ 65.06 | 27,948 | D | | |
| Common Stock | 07/29/2009 | | S | | 2,000 | D | \$ 65.079 | 25,948 | D | | |
| Common Stock | 07/29/2009 | | S | | 1,200 | D | \$ 65.09 | 24,748 | D | | |
| Common Stock | 07/29/2009 | | S | | 100 | D | \$ 65.10 | 24,648 | D | | |
| Common Stock | 07/29/2009 | | S | | 100 | D | \$ 65.11 | 24,548 | D | | |
| Common Stock | 07/29/2009 | | S | | 1,700 | D | \$ 65.1124 | 22,848 | D | | |
| Common Stock | 07/29/2009 | | S | | 1,100 | D | \$ 65.1164 | | D | | |
| Common Stock | 07/29/2009 | | S | | 500 | D | \$ 65.12 | | D | | |
| Common Stock | 07/29/2009 | | S | | 643 | D | \$ 65.1698 | 20,605 | D | | |
| Common Stock | 07/29/2009 | | S | | 333 | D | \$ 65.17 | | D | | |
| Common Stock | 07/29/2009 | | S | | 300 | D | \$ 65.20 | 19,972 | D | | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of information contained SEC 1474 (9-02) in this form are not required to respond unless the form displays a currently valid OMB control number.

| Derivative Security | Conversion | 3. Transaction Date (Month/Day/Year) | Execution Date, if | Code | tion) | of Derivative Expiration Date Securities (Month/Day/Year) | | | of Underlying Securities | | Derivative Security (Instr. 5) | Derivative Securities Beneficially Owned Following Reported Transaction(s) | Ownership Form of Derivative Security: Direct (D) or Indirect (I) | Beneficial | |
|---|------------|--|--------------------|------|-----------|---|--------|---------------------|-----------------------------|-----------------|--|--|---|------------|--|
| | | | | Code | V | (A) | | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | | (Instr. 4) | (Instr. 4) | |
| 2001 Non- Qualified Stock Option (right to buy) | \$ 35.40 | 07/28/2009 | | M | | | 2,002 | 02/06/2002 | 02/05/2011 | Common Stock | 2,002 | \$ 0 | 17,998 | D | |
| 2001 Non- Qualified Stock Option (right to buy) | \$ 35.40 | 07/29/2009 | | M | | | 17,998 | 02/06/2002 | 02/05/2011 | Common Stock | 17,998 | \$ 0 | 0 | D | |

Reporting Owners

| | Relationships | | | | | | | | |
|---|---------------|--------------|----------------------------|-------|--|--|--|--|--|
| Reporting Owner Name / Address | Director | 10% Owner | Officer | Other | | | | | |
| CUMMINGS CANDACE S 105 CORPORATE CENTER BLVD GREENSBORO, NC 27408 | | | VP Admin & General Counsel | | | | | | |

Signatures

| Mark R. Townsend for Candace S. Cummings (Pursuant to Signing Authority on File) | 07/29/2009 |
|--|------------|
| **Signature of Reporting Person | Date |

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.