UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

ess of Reporting I I Heinz (First) ATE CENTER (Street) O, NC 27408 (State)	(Middle)	V F 3. Da 11/2 4. If		VFC] est Tra	nsactio	on (N	Month/Dag	y/Year)	ır)	Direct	(Che or er (give title belo VP & P	resident-Inter	able) 0% Owner Other (specify be rnational				
(Street) O, NC 27408	(Zip) 2. Transaction Date	4. If	23/2010 Amendmer	nt, Date	e Origi				ar)		VP & P	resident-Inter	rnational	elow)			
O, NC 27408	2. Transaction Date	2A. De				inal	Filed(Mont	h/Day/Yea	ır)	6 Individ	1 1 1/4						
	2. Transaction Date			Table			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting Person				
(State)	2. Transaction Date			Table													
	Date		_		I - No	n-D	erivative	Securiti	ies Acq	uired, Disp	osed of, or I	Beneficially (Owned				
			•	(Instr. 8)		tion	or Disposed of (D) (Instr. 3, 4 and 5)		A) 5. Amount of Securities Beneficially Owned Follo Reported Transaction(s) (Instr. 3 and 4)		Following n(s)	Ownership Form:	7. Nature of Indirect Beneficial				
		(Monti	(Month/Day/Year)		ode	V	Amount	(A) or (D)	Price	Ì	and 4)			Ownership (Instr. 4)			
	11/23/2010			5	S		11,000	D S	\$ 82.375	41,946			D				
	Table I					the	form dis	splays of, or B	a curr	ently valid	OMB conf	•					
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rsion Date	Execution any	on Date, if	Transactio Code	Num of Deri Sect Acq (A) Disp of (I (Ins	Number		nd Expiration Date		Ar Ur Se	nount of derlying curities		Derivative Securities Beneficially Owned Following Reported	Ownersh Form of Derivativ Security: Direct (I or Indire	Beneficia Ownershi (Instr. 4)			
			Code V	(A)	(D)				ion Tit	Amount or Number of Shares							
rs ro f ti	3. Transact Date cise (Month/Date	Table II Sion Date Execution any (Month/Day/Year) ive	Table II - Deriv (e.g., 3. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year)	Table II - Derivative Secur (e.g., puts, calls, sion Date (Month/Day/Year) (Month/Day/Year) Table II - Derivative Secur (e.g., puts, calls, size of the size of t	Table II - Derivative Securities A (e.g., puts, calls, warra 3. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Instr. 8) Derivative Securities A (e.g., puts, calls, warra 4. Transaction Code (Instr. 8) Derivative Securities A (Instr. 8) Derivative Securities A (Instr. 8) Derivative Securities A (Instr. 8)	Table II - Derivative Securities Acquir (e.g., puts, calls, warrants, or puts, calls, warrants, or 3. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) 3A. Deemed Execution Date, if any (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Instr. 8) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Table II - Derivative Securities Acquired, (e.g., puts, calls, warrants, option Date (Month/Day/Year) Sive (Month/Day/Year) Table II - Derivative Securities Acquired, (e.g., puts, calls, warrants, option Date (e.g., puts, calls, warrants, option Code of Code of (Instr. 8) Mumber Code of (Instr. 8) Mumber Code of (Instr. 8) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) Date Ex	Table II - Derivative Securities Acquired, Disposed (e.g., puts, calls, warrants, options, conver 3. Transaction Date (Month/Day/Year) (ive y) 3. Transaction Date (Instr. 8) (Month/Day/Year) 3. Transaction Date (Instr. 8) (Month/Day/Year) (Month/Day/Year) 4. 5. Number Code of (Instr. 8) (Month/Day/Year) (Month/Day/Year) (Instr. 8) Date Exercisable	Table II - Derivative Securities Acquired, Disposed of, or B (e.g., puts, calls, warrants, options, convertible securities (Month/Day/Year) 3. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) 3. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Instr. 8) (Instr. 8) Date Exercisable Date (A) or Disposed of (D) (Instr. 3, 4, and 5)	Table II - Derivative Securities Acquired, Disposed of, or Beneficially owned directly or indirectly. Table II - Derivative Securities Acquired, Disposed of, or Beneficially owned directly or indirectly. Persons who respond to contained in this form and the form displays a current (e.g., puts, calls, warrants, options, convertible securities and Execution Date, if any (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Instr. 8) Date Expiration Date (A) or Disposed of (D) (Instr. 3, 4, and 5) Date Expiration Date (Instr. 3, 4, and 5) Date Expiration Date (Instr. 3, 4, and 5) Date Expiration Date (Instr. 3) Date Expiration Date (Instr. 3)	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 3. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) 3. Transaction Date (Month/Day/Year) (Month/Day/Year)	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 3. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Date (A) or Disposed of (D) (Instr. 3, 4, and 5) (Instr. 3, 4, and 5) Date (A) or Disposed of (D) (Instr. 3, 4, and 5) Date (Exercisable Expiration Date (A) or Disposed of (D) (Instr. 3, 4, and 5) Date (A) or Disposed of (D) (Instr. 3, 4, and 5) Date (A) or Disposed of (D) (Instr. 3, 4, and 5) Date (Expiration Date (Instr. 5) (Instr. 5)	Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 3. Transaction Date (Month/Day/Year) Amount of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 8) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) Date	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 3. Transaction Date (Month/Day/Year) (Month/Day/Year) (Instr. 3) and (Month/Day/Year) (Instr. 3) and (A) or Disposed of (D) (Instr. 3) (Instr. 4) (Instr. 4) Date (A) or Disposed of (D) (Instr. 3) (Instr. 4)			

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Salzburger Karl Heinz 105 CORPORATE CENTER BLVD GREENSBORO, NC 27408			VP & President-International				

Signatures

Candace S. Cummings for Karl Heinz Salzburger (Pursuant to Signing Authority on File)	11/23/2010
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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