FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO	VAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

(Print or Type Responses)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * SHEARER ROBERT K				2. Issuer Name and Ticker or Trading Symbol V F CORP [VFC]						5. F	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) 105 CORPORATE CENTER BLVD				3. Date of Earliest Transaction (Month/Day/Year) 03/06/2014						X	X_Officer (give title below) Other (specify below) CFO				
(Street) GREENSBORO, NC 27408				4. If Amendment, Date Original Filed(Month/Day/Year)						_X_	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person				
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acqui						ies Acquired	ired, Disposed of, or Beneficially Owned				
1.Title of Se (Instr. 3)	ecurity		Date	2A. Deer Executionany (Month/I	n Date,	(Instr. 8)		4. Securit or Dispos (Instr. 3, 4	sed of (D) 4 and 5) (A) or	O Tt	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)			orm: Herect (D)	V. Nature of Indirect Beneficial Ownership Instr. 4)
Common	Stock									5,	438.374		I		y Trust
Common	Stock		03/06/2014			M		100,244	1 A \$	\$ 23.89 4	413,783.964		I)	
Common	Stock		03/06/2014			S		100,244	D 8	§ 50.0141 31	313,539.964		I)	
			Table II			urities Acq	a cu uired, D	urrently v Disposed o	alid OM f, or Beno	B control n	umber.	iniess the	form display	•	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Nur f Transaction Code Secur (Instr. 8) Acqui or Dis (D)		Number of rivative surities quired (A) Disposed of str. 3, 4,	6. Date Expira (Month	Date Exercisable and biration Date onth/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)			9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s)	Form of Derivative Security: Direct (D) or Indirec	(Instr. 4)
				Code	V (A)	(D)	Date Exercis		oiration e	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
2011 Non- Qualified				М		100,244	(2	2)	23/2021	Commor	1 100,244	\$ 0	0		

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
SHEARER ROBERT K						
105 CORPORATE CENTER BLVD			CFO			
GREENSBORO, NC 27408						

Signatures

Mark R. Townsend for Robert K. Shearer (Pursuant to Signing Authority on File)	03/10/2014
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 401(k).
- (2) This option vested as follows: 33,415 shares vested on 02/24/2012; 33,415 shares vested on 02/24/2013; and 33,414 shares vested on 02/24/2014.
- The price reported is a weighted average price. These shares were sold in multiple transactions at prices ranging from not less than \$60.00 to not more than \$60.14. The reporting person (3) undertakes to provide to VF Corporation, any security holder of VF Corporation, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote to this Form 4.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.